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What you need:

225g/8oz Odlums Self Raising Flour

175g/60z Butter (room temperature)

175g/60z Shamrock Golden Caster Sugar

3 large Eggs (room temperature)

1 teaspoon Goodall's Vanilla Extract/Essence

2 tablespoons Cold Water

To Decorate

300ml/½pt Fresh Cream, whipped

125g/40z Fruitfield Strawberry Jam

12 Strawberries (optional)

Melted Chocolate (optional)



How to:

- 1. Preheat oven to $180^\circ\text{C}/350^\circ\text{F}/\text{Gas}$ 4. Line a muffin tray with 12 paper cases.
- 2. Beat butter and sugar together until light and fluffy. Beat in the eggs, one at a time, then add the vanilla and water.
- 3. Sieve the flour into the mixture and gently mix until all ingredients are combined.
- 4. Divide the mixture between the paper cases. Bake for 15-20 minutes until golden brown and nicely risen.
- 5. Once baked, remove from the oven and allow to cool on a wire tray. When cold, cut off the tops.
- 6. Place some cream on top of bun, then a strip of jam. Cut the tops in half and place on buns to form butterfly wings. If liked, top with a strawberry and melted chocolate drizzle to finish.

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